



ADRIAN LARA

GENERAL INFO

Age: 22

Date of Birth: 12/23/2000

Nationality: American

Height: 6'0

Weight: 180 lbs.

Positions:

- Center Back
- Defensive Midfielder

CONTACT

PHONE:

(815) 585-5574

EMAIL:

laraadrian23@yahoo.com

COACH REFERENCES

- **Ryan Swan** – NIU Head Coach

- **Andrew Bordelon** – NIU

Associate Head Coach

- **Louis Bennett** – MU Head Coach

- **Sean Hughes** – MU Associate

Head Coach

- **Shane Lyons** – Kalamazoo FC

Head Coach

CAREER STATISTICS

- 102 appearances
- 7 goals
- 98 starts
- 2 assists
- 8,141 minutes
- 24 clean sheets

CAREER HISTORY

2023 (5th Year) – Marquette University

- Appeared in 11 matches, starting 7 for the Golden Eagles
- Logged a total of 785 minutes
- Primarily played as a CB, but also utilized as a CM
- Helped Golden Eagles backline tally 4 shutouts

2022 (Senior) – Northern Illinois University

- Only player to appear and start in all 17 matches
- Logged a total of 1,494 minutes
- All-MAC 2nd Team Recognition
- Helped the Huskie backline tally 4 shutouts

2021 (Junior) – Northern Illinois University

- Appeared and started in 19 matches for the Huskies
- Logged a total of 1,611 minutes
- Recorded 1 goal and 1 assist
- Registered the game-winning goal vs. West Virginia University
- College Soccer News and Top Drawer Soccer National Teams of the Week on Oct. 12
- MAC Player of the Week on Oct. 11
- Part of a defensive backline that tallied 9 shutouts
- MAC Regular Season & Tournament Champion
- Team advanced to the 2nd round of the NCAA Tournament

2020-21 (Sophomore) – Northern Illinois University

- Appeared and started in all 14 matches for the Huskies
- Logged a total of 1,227 minutes
- Recorded 3 goals
- Registered 1 game-winning goal vs. Western Michigan University
- Part of defensive backline that tallied 4 shutouts

2019 (Freshman) – Northern Illinois University

- Appeared and started in all 18 matches for the Huskies
- Led the team in minutes with 1,625 minutes
- Recorded 1 assist
- Part of Huskie backline that tallied 3 shutouts

USL LEAGUE TWO HISTORY

2022 – Kalamazoo FC

- Appeared and started in 11 matches
- Logged a total of 450 minutes
- Registered 1 goal
- Great Lakes Division Champions

2021 – Kalamazoo FC

- Appeared and started in 12 matches
- Logged a total of 949 minutes
- Registered 2 goals
- USL League Two June Team of the Month
- Great Lakes Division Champions
- Central Conference Finalist